

Search...

> Travel > Destin... > Europe > Portugal > Lisbon > Articles

The best spa hotels in Lisbon



The B Spa by Karin Herzog at Altis Belem is excellent with Oxygen Spa therapy treatments, hammam, indoor pool, Turkish bath, Vichy shower rooms and experience showers

Follow

By **Mary Lussiana**, DESTINATION EXPERT

15 FEBRUARY 2018 • 10:00 AM

An insider's guide to the best spa hotels in Lisbon, featuring the top places to stay for relaxing massages, beauty treatments, plunge pools, saunas, hammams and whirlpools, in locations including central Lisbon and Belem.



Four Seasons Hotel Ritz Lisbon Lisbon, Portugal

8/10 Telegraph expert rating

Built in 1959 by the Dictator Salazar to prove that Lisbon could do luxury as well as any other European capital. More than half a century later it is still setting the bar. The spa is undoubtedly the best in Lisbon, with an 18-metre lap pool as its centrepiece. Products are from Sodashi, Swiss Perfection and ESPA; manicures use Spa Ritual's vegan nail care products. Four treatments rooms offer treatments such as honey and almond scrub, the four handed "Symphony massage" and facials from Swiss Perfection, which deliver effective anti-ageing treatments. Of the 282 rooms and four luxury suites, all but ten have private terraces with far reaching views over Lisbon.

[Read expert review](#)

From
£ 391 per night

[Check availability.](#) <https://www.booking.com/hotel/pt/four-seasons-the-ritz-ritz-lisbon.html>

Rates provided by Booking.com

• [The best Lisbon hotels with pools](https://www.telegraph.co.uk/travel/destinations/europe/portugal/lisbon/articles/the-best-lisbon-hotels-with-pools/)

Promoted Stories



The Must-Play City Building Game of the Year

Forge Of Empires (<https://om.forgeofempires.com/foe/en/>)

[ref=out_row_en_n04_chrfir&pid=\\$origpubname\\$&external_param=\\$origsrcname\\$&bid=00ada6a916b3dff4790ac36a5df75382f0&obOrigUrl=true\)](https://www.telegraph.co.uk/travel/destinations/europe/portugal/lisbon/articles/the-best-lisbon-hotels-with-pools/)



The Swimsuit You Must Have This Summer

Aria Voss ([https://ariavoss.com/collections/all-swimwear/products/tribal-one-piece?](https://ariavoss.com/collections/all-swimwear/products/tribal-one-piece?utm_source=outbrain&utm_content=ARIA+VOSS+DESIGN+Tribal+One+Piece+at+ariavoss.com&utm_term=$section_name$&utm_campaign=general&obOrigUrl=true)

[utm_source=outbrain&utm_content=ARIA+VOSS+DESIGN+Tribal+One+Piece+at+ariavoss.com&utm_term=\\$section_name\\$&utm_campaign=general&obOrigUrl=true\)](https://ariavoss.com/collections/all-swimwear/products/tribal-one-piece?utm_source=outbrain&utm_content=ARIA+VOSS+DESIGN+Tribal+One+Piece+at+ariavoss.com&utm_term=$section_name$&utm_campaign=general&obOrigUrl=true)



Altis Belém Hotel & Spa
Lisbon, Portugal

9/10 Telegraph expert rating

This seductive hotel lies on the banks of the Tagus River and offers sleek, minimalist interiors and the Michelin-starred Restaurant Feitoria. Decorative artefacts lend a sense of heritage, as do the views over the 16th-century Tower of Belem, from where the great navigators set sail. The B Spa by Karin Herzog is excellent with Oxygen Spa therapy treatments, hammam, indoor pool, Turkish bath, Vichy shower rooms and experience showers. It's located in the suburb of Belém, four miles from the city centre and home to the magnificent Jerónimos Monastery. It is also the birthplace of Lisbon's famous custard tarts.

[Read expert review](#)

From
£ **199** per night

[Check availability.](#) https://www.booking.com/hotel/pt/altis-bellem-spa.html?aid=839872,label=booking_wd2027&aid=433633&aid=714084

Rates provided by Booking.com

• [The best five-star hotels in Lisbon](https://www.telegraph.co.uk/travel/destinations/europe/portugal/lisbon/articles/the-best-five-star-hotels-in-lisbon/) (<https://www.telegraph.co.uk/travel/destinations/europe/portugal/lisbon/articles/the-best-five-star-hotels-in-lisbon/>)



Epic Sana
Lisbon, Portugal

8/10 Telegraph expert rating

Epic Sana is centrally located and offers 311 dazzlingly modern bedrooms, a slick rooftop pool and a vast spa. Sayanna Wellness is flooded with natural light and comprises an indoor pool, which looks onto a leafy garden, a sauna, Turkish bath and a well-equipped fitness centre. Treatments use Aromatherapy Associate products. There's a breezy, cool vibe throughout the hotel's Onyx Bar in the ground floor lobby which spills onto the terrace and the UpScale Bar on the roof terrace, which borders the heated swimming pool.

[Read expert review](#)

From
£ 140 per night

[Check availability.](#) [https://www.booking.com/hotel/pt/epic-sana.html?aid=839977_label_booking_4628973410_4396_34477468_1800](#)

Rates provided by Booking.com

• [The best hotels for spa breaks in Europe](https://www.telegraph.co.uk/travel/destinations/europe/articles/best-hotels-for-spa-breaks-in-europe/) (<https://www.telegraph.co.uk/travel/destinations/europe/articles/best-hotels-for-spa-breaks-in-europe/>)



Olisippo Lapa Palace
Lisbon, Portugal

9/10 Telegraph expert rating

An imposing, 19th-century palace turned luxury hotel set on a hillside, overlooking one of Lisbon's smartest neighbourhoods with antique-filled interiors and sumptuous rooms, some with four-posters and private turrets. Food and service are as top-notch as you'd expect of a hotel in this category. The Lapa Palace Spa features both indoor and outdoor pools, Turkish steam bath, sauna and gym, and offers a range of massages. The dazzling blue of the sky and river fill up the floor-to-ceiling windows from the best of the standard rooms, which have plump beds, marble bathrooms and private balconies.

[Read expert review](#)

From
£ **301** per night

[Check
availability.](#)

<https://www.booking.com/hotel/pt/olisippo-lapa-palace.html>
<https://www.booking.com/hotel/pt/olisippo-lapa-palace.html>

Rates provided by Booking.com

• [The most luxurious Lisbon hotels](https://www.telegraph.co.uk/travel/destinations/europe/portugal/lisbon/articles/the-best-luxury-hotels-in-lisbon/) (https://www.telegraph.co.uk/travel/destinations/europe/portugal/lisbon/articles/the-best-luxury-hotels-in-lisbon/)



The Lumières

Lisbon, Portugal

9/10 Telegraph expert rating

This beautifully renovated 18th-century palace atop one of Lisbon's hills in the cobbled streets of the lively Bairro Alto district houses 53 luxuriously spacious suites, efficient and friendly staff and a rooftop restaurant and bar courtesy of acclaimed chef Miguel Castro e Silva. There is a small but elegant spa with four treatment rooms using La Sultane de Saba products. There are sauna and steam rooms in both male and female changing rooms. The well equipped gym is open 24 hours. A personal trainer is available on request.

[Read expert review](#)

From
£ **177** per night

[Check availability.](#) <https://www.booking.com/hotel/pt/the-lumieres.html>
www.booking.com/hotel/pt/the-lumieres.html

Rates provided by Booking.com

• [The best boutique hotels in Lisbon](https://www.telegraph.co.uk/travel/destinations/europe/portugal/lisbon/articles/the-best-boutique-hotels-in-lisbon/) (https://www.telegraph.co.uk/travel/destinations/europe/portugal/lisbon/articles/the-best-boutique-hotels-in-lisbon/)



Corinthia Hotel Lisbon

Lisbon, Portugal

8/10 Telegraph expert rating

The soaring tower of the Corinthia Hotel offers memorable views over the impressive 18th-century Aquaduct of Águas Livres, one of Lisbon's most iconic sights. The spacious spa on the ground floor is managed by Holmes Place and offers an indoor swimming pool, sauna, steam bath, ice fountains, sensory showers, whirlpool tub and a well-equipped gym. Service is noticeably efficient and genuinely friendly. The 518 bedrooms and suites are classically elegant.

[Read expert review](#)

From
£ **104** per night

[Check availability.](#) <https://www.booking.com/hotel/pt/corinthia-hotel-lisbon.html?aid=838872> <https://www.booking.com/hotel/pt/corinthia-hotel-lisbon.html?aid=838872>

Rates provided by Booking.com

• [The most romantic Lisbon hotels](https://www.telegraph.co.uk/travel/destinations/europe/portugal/lisbon/articles/best-romantic-hotels-in-lisbon/) (https://www.telegraph.co.uk/travel/destinations/europe/portugal/lisbon/articles/best-romantic-hotels-in-lisbon/)



Porto Bay Liberdade
Lisbon, Portugal

8/10 Telegraph expert rating

This five-star hotel from the Porto Bay group sits on a leafy street just off Avenida da Liberdade, Lisbon's main avenue. It's a very good location indeed, with old town at one end and the hothouses of Parque Eduardo VII at the other. The hotel's facilities include a 15-metre indoor pool, fitness centre, spa with double treatment rooms, sauna and steam room. Bistro4 is a swanky white-linen restaurant, with a marine theme hamme red home with lots of turquoise. The food is spot-on, devised by Michelin-starred chef Benoit Sinthon.

[Read expert review](#)

From
£ **148** per night

[Check
availability.](#)

<https://www.booking.com/hotel/pt/porto-bay-liberdade.html>
<https://www.booking.com/hotel/pt/porto-bay-liberdade.html>

Rates provided by Booking.com

• [The best hotels near Lisbon Airport](https://www.telegraph.co.uk/travel/destinations/europe/portugal/lisbon/articles/the-best-lisbon-airport-hotels/) (<https://www.telegraph.co.uk/travel/destinations/europe/portugal/lisbon/articles/the-best-lisbon-airport-hotels/>)



Sheraton Lisboa Hotel & Spa
Lisbon, Portugal

8/10 Telegraph expert rating

Soaring high above Lisbon, this modern tower block houses 369 stylishly designed guest rooms. Situated in the heart of the business district, it is well-placed for both the city centre and the airport. The hotel has excellent fitness facilities and a large spa offering a range of wellness and beauty treatments, as well as an outdoor swimming pool. The rooftop Panorama Restaurant demands as much attention as the surrounding views over Lisbon.

[Read expert review](#)

From
£ 131 per night

[Check availability.](#) https://www.booking.com/hotel/pt/sheraton-lisboa.html?aid=819972_label=booking_widget&aid=819972_label=booking_widget

Rates provided by Booking.com

- [The best budget hotels in Lisbon](https://www.telegraph.co.uk/travel/destinations/europe/portugal/lisbon/articles/best-cheap-hotels-in-lisbon/)

